



UNIVERSITY OF CALIFORNIA
COOPERATIVE EXTENSION
4-H
ROADRUNNER
INYO AND MONO COUNTIES

207 W. SOUTH STREET
BISHOP, CA 93514

September-October 2012

OFFICE (760) 873-7854
FAX (760) 873-7314

2012-2013 Calendar of Events

September

See below to find a 4-H Sign-Up event near you!

October

Community Club Meetings Begin. Contact your Community Club Leader to find out more.

- 1 4-H Council Meeting, 6:30pm at the 4-H Office, Bishop
- 25 New Adult Volunteer Training, 5:30pm - 6:30pm, 4-H Office, Bishop

Sign Up for 4-H!

For youth in grades K-12 or ages 5 to 18

Bristlecone, Mt. Tom, Sierra Crest, White Mountain 4-H Clubs

Tuesday, September 18, 2012

From 5pm to 7pm

Home Economics Building, Fairgrounds
(for the communities of Bishop and Big Pine)

Lone Pine 4-H Club

Thursday, September 13, 2012 Owens Valley Elementary

Thursday, September 20, 2012, Lo-Inyo Elementary

(for the communities of Independence, Lone Pine & Olancha)

Pronghorn 4-H Club

Wednesday, September 5, 2012

Between 5:00 - 6:30pm

Antelope Elementary School, Coleville
(for the communities of Coleville, Walker, Topaz)

You can still join 4-H later! We will take new enrollments after September at the 4-H Office. You must be enrolled in 4-H by December 31 in order to raise a market animal. You can join 4-H after December 31 for other projects, if they are still available.

4-H Enrollment Fee Increase for 2012-2013 year

The University of California 4-H Youth Development Program is increasing the enrollment fee to participate in the 4-H program. Last year, for the 2011-2012 4-H year, our Inyo-Mono County 4-H program charged \$25 per member. \$20 went to the State 4-H Youth Development program and \$5 went to the Inyo-Mono County Council.

This year, the cost to enroll in 4-H will be \$30 per youth. \$28 will go to the State 4-H Youth Development Program and \$2 will stay here with our local County Council.

Our County Council and local clubs do not want this fee increase to be a barrier to participating in 4-H. Scholarships will be available. Look for the scholarship form and more information in your sign-up packet.

Please feel free to contact Serena Dennis, your county 4-H Program Rep, with questions or comments at 760-873-7855 or slennis@ucdavis.edu.

Important Information

Are you All-Star Material?

If so, then we want you! To be an All Star in 2012-2013. Besides your regular projects and activities, 4-H All Stars assist with county events, develop a plan of action, and perform service projects. 4-H All Stars are leaders of 4-H, who want to represent their county and fellow 4-H members. To qualify, you must already have your Gold Star, be in 9 –12 grade, be 15 years old by July 1 of your All Star year, and recognize the responsibilities of and opportunities of being a 4-H All Star. Contact Serena at the 4-H office with questions or pick up an application to develop your plan of action.



About the 4-H online record book

The 4-H program has a long history of record keeping. The focus reflects the importance of this life skill in our daily lives. In 4-H, young people have tracked their activities, events, profits and losses, skill development and learning experiences, and much more using the iconic 4-H Record Book. In addition to record keeping, the 4-H Record Book gives members an opportunity to reflect on their year, measure their achievements and growth, and set goals, and develop plans to meet those goals.

The Online Record Book advances the traditional program with modern tools and formatting. The system is a simple structure for members to communicate with volunteers and other club members. This simplicity and ease is carried over into posting/updating events, meetings, and project activities. From these updates and postings a completed Record Book can be printed out at the end of the year. All relevant forms are designed into the system and are compatible with their paper counterparts.



For general information and help about the Online Record Book, please check out the following resources:

- ORB Webinar Archives— <http://www.ca4h.org/Resources/Members/RecordBook/ORB/>
- ORB Login Help— <http://www.ca4h.org/files/121045.pdf>
- ORB Support (if you aren't sure how to do something in ORB)—Please contact your county office
- ORB Bug Report (if a feature within ORB is not functioning correctly)— <http://www.ca4h.org/recordbookbugs/>



2012 4-H National Youth Science Day - Eco-bot Challenge

For the fifth annual 4-H National Youth Science Day (NYSD), The Ohio State University Extension has designed the 4-H Eco-Bot Challenge: the 2012 National Science Experiment. The experiment will introduce youth to robotic engineering concepts as they program an autonomous robot to clean up a simulated environmental spill. More information is available at: http://www.ca4h.org/Projects/SET/NYSD/2012_NYSD/. If you would like to lead a project or present this at your club meeting, additional kits are and presentations are available. Please contact Serena to schedule your event

California 4-H Revolution of Responsibility - \$1,000 for 1,000 Service Learning Projects

The University of California 4-H Youth Development Program is dedicated to fostering an environment where youth and adults work together as equal partners to gain new skills and create positive community change. 4-H groups can apply for up to \$1,000 to identify, plan, and carry out a service-learning project in their community. An open application process has review dates of September 15 and November 15, 2012. To apply, go to: <http://ucanr.org/join/>. See page 4 of this newsletter for more information.



Opportunities at the State Level

2012 State Leadership Conference (SLC) Update

By Dana Grevenkamp

This year State Leadership Conference was in beautiful San Diego at UCSD! We got a great feel of college by staying in the dorms and eating at the café. There were about 500 4-H delegates from across the state as well as a couple from Canada, a few from Texas, and one from Japan! It was four days packed with fun and excitement. We went to daily assemblies then to sessions where we learned all kinds of great skills like how to make projects more exciting for everyone, endurance riding, great ideas for community service projects, and even more about 4-H I never knew existed, like the state ambassador team. There were three great motivational speakers as well as a board of alumni who answered all kinds of questions that we had. I met so many amazing people from other counties. We shared what we do in 4-H and out, I hope I stay in touch with them because they really helped me get the most out of my time at SLC. This is an experience I hope every high school 4-H member has as a delegate or as an all-star.



Dana Grevenkamp with other 4-H delegates at the 2012 State Leadership Conference.

Save the date for the 2013 State Leadership Conference: July 25-28, 2013 at UC Davis!

What is a California 4-H State Ambassador?

<http://www.ca4h.org/Projects/Leadership/SA/>

The California 4-H State Ambassador Program is a working honor that provides 4-H members expanded opportunities to serve the University of California 4-H Youth Development Program. The 4-H State Ambassador position is one of the highest service opportunities and recognition attainable in the University of California 4-H Youth Development Program. 4-H State Ambassadors are youth who have excelled in the areas of leadership and community service. They are selected to serve the 4-H Youth Development Program in roles that promote leadership through education and service. 4-H State Ambassador advisors are adult volunteers who are experienced in working with older youth in a youth-adult partnership atmosphere.



4-H State Ambassadors and 4-H State Ambassador advisors are selected in order to:

1. Act as state 4-H representatives to various local, sectional and statewide programs and activities, including providing public presentations, workshops and leadership development opportunities.
2. Coordinate the planning and implementation of the 4-H State Leadership Conference.
3. Provide donor stewardship support to The California 4-H Foundation.

Identify needs in the 4-H Youth Development and either develop or recommend strategies for improvement.

What is the 4-H State Leadership Conference?

<http://www.ca4h.org/Programs/Conferences/SLC/>

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. The conference provides advanced leadership training and is an opportunity for 4-H members to network and share ideas with other 4-Hers from across the state. The conference focuses on providing high school youth with experiential education on leadership development, civic engagement, college admissions and other 4-H project areas.

Youth delegates gain exposure to the campus by living in the residence halls, eating in the dining commons, and participating in educational sessions, many of which are taught by UC faculty and staff.



The conference is planned by a team of high school 4-H members and adult advisors. Working in strong youth-adult partnership, the team designs the educational, recreational and logistical components of the conference. Participants must have graduated 8th grade in order to attend (ages 13-19).

Revolution of Responsibility

Increasing community awareness is an important part of program sustainability. As we embark on the 100th year anniversary of the CA 4-H Youth Development Program in 2013, we have initiated a campaign called the Revolution of Responsibility to create positive change in every community and **increase visibility and awareness of 4-H**. We encourage all clubs and groups to join the Revolution of Responsibility now and apply for \$1,000 to carry out a service learning project in your community. The next round of applications are due September 15. For more information visit: <http://www.ca4h.org/Support/RofR/m>.

Do you see a need in your community?

JOIN The Revolution of Responsibility! \$1,000 is available to 4-H Clubs and Groups

Due September 15 and November 15

<http://ucanr.org/join/>

To JOIN the revolution, 4-H members, with the help of an adult 4-H volunteer mentor, should follow these steps to plan a project.

Identify an issue or problem in your community.

Find community organizations to collaborate with.

Plan the project: form goals, outline tasks, list needed resources, and prepare a budget

Prepare ways to document and record your project to share with others.

JOIN the revolution at <http://ucanr.org/join/>

A **toolkit** of tips, templates, links, and suggested guidelines has been developed to support your projects. From the initial work to identify a compelling community issue to the final celebration of its completion, use this toolkit to help you carry out the important steps necessary to ensure success. <http://www.ca4h.org/Support/RofR/Toolkit/>

Revolution of Responsibility Grants Awarded to the Bristlecone 4-H Club — Adopt-a-Bin for Foster Kids!

The Bristlecone 4-H Club is partnering with the Inyo County Foster Care Commission with the goal of putting together 12 or more emergency kits for boys in the foster care system. Each kit will contain basic supplies like pajamas, clothing, toothbrush and toothpaste, toys, blankets and more. When a young boy enters the foster care system, he will receive this kit to help make his transition more comfortable. You may still contribute to the Bristlecone Club's Adopt-a-Bin for Foster Kids Project by coming by East Side Books for a donation item coupon! (East Side Books is at 177 Short Street Behind Golden State Cycle). Contributing an item to the emergency kits counts as a community service activity for your record book. We need to have the donations collected by September 16. Nine Bristlecone members gave up time from the carnival rides or eating corn dogs at the Tri County Fair to collect donations in a booth in the Charles Brown Building. It was a worthwhile weekend, but we can still use a little more... please come by or call if you can help out.



Next month we'll highlight the another Revolution of Responsibility grant awarded to a Bishop club! What project can you do?

Pumpkin Patch Sale at FFA Farm!

All 4-H Families are welcome to come to the Bishop FFA Farm on Sunday, October 14 at 1pm for fun games and activities and to purchase a pumpkin and support the Bishop FFA Farm.

Community Club Leaders: Bishop FFA has invited any 4-H community club leader interested in having a table to attend the event and promote 4-H and get new sign ups for your club!



New 4-H Project Leaders needed

Are you interested in changing projects? Would you like to lead more than one project? Do you know of someone who would be perfect as a 4-H Project Leader? Here are a few projects we are seeking leaders for.

Junk Drawer Robotics: a new curriculum just released for 4-H, this project uses everyday household items to teach kids basic science and engineering principles. The first project has kids designing a marshmallow catapult, and continues on to teach basic robotic science. Stop by the office to see the curriculum and sign up for this project!

Cooking & Nutrition: childhood obesity is the biggest threat facing our youth's health today. Step up and fight back by helping teach a healthy cooking project. Many resources are available in the 4-H library, including lesson plans, healthy recipes, and more.

Archery or Shotgun: the 4-H shooting sports program provides instruction in the safe handling of firearms and archery equipment while developing self-confidence and leadership abilities in 4-H participants. Adults wishing to lead a shooting sport project must be currently enrolled as a 4-H shooting sports adult volunteer and must be certified by the California 4-H Shooting Sports Committee in the discipline they teach. The upcoming archery leader certification training is October 13 – 14 in Eureka, California. The Inyo County 4-H Council is looking for a leader willing to sign up as a 4-H volunteer, attend this training, and teach an archery 4-H project in the upcoming 4-H year. In return, travel expenses and training costs will be reimbursed.



Quilting or Sewing: lead a quilting or sewing project to teach sewing skills and inspire youth to learn how to make and create something useful.

Looking for a Hi-4H Leader

Hi-4H is a 4-H project for high school aged 4-H members. It is an opportunity for high school 4-H members to play, have fun, and give back to their community. Meetings are typically held once a month, and focus around either a fun activity or community service projects. Examples for the upcoming year could be: pizza party, bowling night, volunteering at 4-H fun day, and many more. We are looking for an adult 4-H volunteer to lead the project, with support from the 4-H Program Rep in planning meetings and talks.



To be included in the Sign Up Fair information, project leaders must sign up with Serena by September 14 by calling 760-873-7855 or emailing slennis@ucdavis.edu.

Thank you!

Thank you to the Lone Pine FFA Farm for hosting 4-H Livestock Field Day on May 11, 2012. Many thanks to Brenda Lacey and the Lone Pine FFA students for putting on a fun educational event and sharing their beautiful farm with us!



Friends of 4-H

Thank you to the many generous donors who gave to our 4-H County Council. Your gift allows our 4-H County Council help young people to reach their full potential as competent, confident, leaders of character who are connected to others, and contribute to their communities. Thank you for joining as a Friend of 4-H:

Big Pine Shell; Carol Symons; Fendon's Furniture; G. Batchelder Enterprises; Gary and Suzie Olson; High Country Lumber; Highland Sheep and Wool Company La Casita Mexican Restaurant; Ladies Auxiliary Post 8988; Pleasant Valley Associates; Rita Pandya and Ashvin Pandya MD; The Window Fair; Tina Cocherell; and Zack Ranch

4-H RoadRunner Newsletter

The RoadRunner sends you information on events, meetings, trainings, general interest and due dates. Specific club and project information can also be included.

We encourage clubs and individuals to submit articles and photos. **All information must be received in the 4-H office by the 3rd Thursday of the month for the next RoadRunner.** The best way to submit information is to email it to: sldennis@ucdavis.edu



<http://www.facebook.com#!/pages/Inyo-Mono-Counties-4-H/118487004877725>

The University of California, in accordance with applicable State and Federal laws and University policy, does not discriminate on the basis of race, color, national origin, religion, sex, disability, age, medical condition (cancer-related), ancestry, marital status, citizenship, sexual orientation, or status as a Vietnam-era veteran or special disabled veteran. The University also prohibits sexual harassment. Inquiries regarding the University's nondiscrimination policies may be directed to the Affirmative Action Director, University of California, Agriculture and Natural Resources, 1111 Franklin Street, 6th Floor, Oakland, CA 94607-5200 (510) 987-0096.

Cap Aubrey Awarded to Hannah Neer



Each year, one book is selected to receive the Cap Aubrey Award, for the most outstanding record book. Congratulations Hannah Neer for an excellent record book!

Sincerely,

**Serena Dennis,
4-H Program Representative**



Return Service Requested

COOPERATIVE EXTENSION
U. S. DEPARTMENT OF AGRICULTURE
UNIVERSITY OF CALIFORNIA
207 W. SOUTH STREET
BISHOP, CA 93514

NON PROFIT ORG
US POSTAGE PAID
BISHOP CA
PERMIT NO. 29