



UNIVERSITY OF CALIFORNIA
COOPERATIVE EXTENSION
4-H
ROADRUNNER
INYO AND MONO COUNTIES

207 W. SOUTH STREET
BISHOP, CA 93514

January - February 2013

OFFICE (760) 873-7854
FAX (760) 873-7314

2012-2013 Calendar of Events

February

- 14 Presentation Workshop, 3:30pm - 5pm, Patio Building, Fairgrounds
- 26 Presentation Workshop, 3:30pm - 5pm, Patio Building, Fairgrounds

March

- 10 Field Day, 1pm, Presentations and Judging Competition, Home Street Middle School
Note New Location of Field Day! Home Street Middle School, Multi-purpose Room

Sunday March 10 is Daylight Savings!

Move your clock ahead one hour so you don't arrive late to Field Day!

2013 4-H Field Day

**Sunday, March 10 at 1pm
Home Street Middle School**

All 4-H members are encouraged to attend this event. Practice your judging skills, display your demonstration skills, and support your fellow 4-Hers!

Fill out the entry form on Page 6 and return by Friday, March 2 to the 4-H office.

Need help on your presentation? Attend a presentation workshop! More information to the right.

What's Field Day? See pages 3 - 5 for more information, more than you'll ever need to know!

New Mini-members invited to participate. See page 4 for more details.



**Presentation Workshops
Patio Building, Bishop**

- February 19, 3:30pm - 5pm
- February 26, 3:30pm - 5pm

Join 4-H Program Rep Serena Dennis for an afternoon learning how to give a presentation at 4-H Field Day.

Appropriate for first year 4-H members or continuing 4-H members who want to polish their presentation skills.

4-H Members will learn about different presentation types, pick a topic, create an outline, design poster boards, and practice giving their presentations.

Complete the worksheet on Page 7 before attending the workshop.

Note: MUST reserve a space in the workshop by calling 760-873-7854 in order to attend. The workshops will not be held if no 4-H members are planning on attending.

Important Information

4-H Council Meeting— Tuesday, February 26, 2013

6:30pm, 4-H Office. 4-H Council is the group that guides our 4-H youth program, planning events, awarding scholarships, and setting policy. We invite you all to attend a meeting, find out what Council is all about, and encourage you to get involved. You have the opportunity to make the best better!

Change in Office Hours for Serena

4-H Program Rep, Serena Dennis, interim appointment as County Director has ended with the hiring of the new Farm Advisor/ County Director, Dustin Blakey. See page 7 for a welcome letter from Dustin. Serena's hours will go back to the normal, 50% time 4-H Program Rep. You can reach her in the office Tuesday, Thursday, and every other Friday. Call 760-873-7854 or email sldennis@ucanr.edu.

4-H Council Treasurer needed!

4-H Council is looking for a volunteer to step up as a Treasurer. You need not be a project leader, but will need to sign up as a 4-H resource leader. The Treasurer keeps track of Council's finances, writing checks, making deposits, presenting reports to Council, and helping set a budget. The time requirement is about one hour every two weeks, with a little extra time at the beginning and ending of the year for preparing the budget and other reports. Interested? Contact Serena at the 4-H office. Your time is greatly needed and would be much appreciated!

Last chance to Reserve a Space at the 4-H Farm!

The 4-H Farm is filling up fast, only a few spaces are left. Call Cathy at the 4-H office at 760-873-7854 by January 31 to reserve your space. Spaces are given on a first come first serve basis, so call as soon as possible! For first time users, the cost to use the farm is \$75 per first animal plus \$25 for additional animals. For returning members, the cost is \$25 for first animal plus \$25 for second. Two or more turkeys are considered one animal. Even if you have used the farm in the past, you still have to reserve your spot each year.

Save the Date: State 4-H Field Day 2013 – May 25 at UC Davis

<http://www.ca4h.org/Programs/Events/SFD/>

The State 4-H Field Day takes place annually on the Saturday of Memorial Day weekend at the UC Davis campus from 8:00am until 6:00pm. The event is open to all 4-H members, volunteers, staff and parents.



4-H State Leadership Conference 2013 – July 25-28, 2013 at UC Davis

<http://www.ca4h.org/Programs/Conferences/SLC/>

The 4-H State Leadership Conference brings together high school youth from across California in a four-day leadership training, networking, and learning experience. More information will be released in January 2013.



New Project Leaders Needed!

Youth-adult partnerships are shown to be one of the most effective ways to engage both youth and adults in meaningful activities which contribute to positive youth development. This is why the foundation of our 4-H youth program is built on adult volunteers leading projects. In order for a project to happen, an adult in the community needs to step up as a 4-H Leader! We are looking for new project leaders for the following two projects. Please contact Serena at the 4-H office to sign up today, and make a difference in the life of a 4-H member!

Photography Project Leader Needed

Our 4-H photography project has had a lot of interest from our 4-H members. Project leader Diane Doonan recently took on the role of 4-H Community Club Leader, and is wondering if anyone would be interested in leading the project this year.



Garden Project Leader Needed

As many of you know, Jeff Griffiths, 4-H Garden Project leader, has recently been elected to serve as an Inyo County Board of Supervisor. Knowing his time is going to be more limited, Jeff is looking for a co-leader to help him lead the Garden Project. The co-leader would help with organizing and running the meetings, and Jeff will provide guidance, garden expertise, and presentations on gardening.



What's That You Say?

4-H Field Day

What is 4-H Field Day?

Inyo-Mono County 4-H Field Day takes place annually on a Sunday in March at 1pm. The event is open to all 4-H members, volunteers and parents. The event has a 'picnic' feel as families attend for an afternoon of events. Each contest and activity is coordinated by a group of 4-H staff, volunteers, and youth. During the event, 4-H members may participate in a variety of contests. Some contests require pre-registration. Some are open to all during the event.

Presentation Day (pre-registration): Volunteer judges provide written feedback to individual or teams of 4-H members on their presentations. Judging is criterion-based using a rubric. Types of presentations include demonstrations, prepared speeches, and impromptu speeches. See Page 5 for more detail and Page 6 to register.

Judging Contest: In each class, youth rank four items based on a standard. Judging classes are provided by 4-H volunteers and clubs.

Theme: Citizenship - is more than voting and understanding how government works. Citizenship includes civic engagement and community service to foster young people's sense of connection to their communities.

Why should my child participate in 4-H Field Day?

- **Increase their public speaking skills**, which in turn increases their self-esteem, self confidence, and ability to accept feedback. See page 4 for more information.
- **Help achieve a personal Star Rank goal**
The [star award ranking system](#) is a voluntary advancement program utilizing the Personal Development Report (PDR) form, which is part of the 4-H record book, as a goal setting tool. Activities are totaled for all years in 4-H and star awards are given to those 4-H members meeting the requirements. See more information below.

- **Acquire participation points for your Record Book Personal Development Report (PDR)**

| <u>Activity at Field Day</u> | <u>Category</u> |
|--|-----------------|
| Gave a Presentation (count each <i>different</i> type) | 6 |
| Received medal for your presentation | 7 |
| Participated in judging contest | 2 |
| Won Individual or Team for judging contest | 7 |
| Helped as a Runner, Room Monitor or other activity | 4 |
| Brought and set up judging class for Field Day | 4 |

Congratulations!

Congratulations to the following 4-H members who received a Star Rank in the 2011-2012 4-H year!

Bronze Star

Harrison Greer, Sierra Crest
Kayla Inderbieten, Mt. Tom
Jessianne Joiner, Lone Pine
Julianne Jones, Lone Pine
Lacie Jones, Lone Pine
Faith Manriquez, White Mountain
Celia Ray, Lone Pine

Silver Star

Kristen Lamb, White Mountain
Zach Lehr, Mt. Tom
Jadin Olson, White Mountain

Gold Star

Danielle Hensel, Arrowhead
Katie Lacey, Lone Pine
Luke Olson, White Mountain

Platinum Star

Dana Grevenkamp,
Bristlecone



More information on Star Ranks:

The star award ranking system is a voluntary advancement program utilizing the Personal Development Report (PDR) form, part of the 4-H Record Book, as a goal setting tool, aimed at encouraging broad-based participation and achievement in 4-H. 4-H members record their participation in eight categories for the current 4-H program year on the Personal Development Report. Activities are totaled for all years in 4-H and star awards are given to those 4-H members meeting the requirements.

Following are the star requirements:

Bronze Star: Complete at least 5 of the 8 PDR categories.

Silver Star: Complete at least 6 of the 8 PDR categories.

Gold Star: Complete at least 7 of the 8 PDR categories.

Platinum Star: Complete at least 7 of the 8 PDR categories.

Note: Members that received a note in place of their stars at Achievement Night, please contact the 4-H office as the ordered medals have arrived.

Everything you ever wanted to know about

4-H Presentations

Entry Forms

Due in the 4-H Office on Monday, March 4, 2013. See page 6 for an entry form.

Either drop off your entry form, fax it to 760-873-7314, or email it to slidennis@ucanr.edu.

Presentation Workshops

It's not too early to start planning and practicing for this eventful day. Attend a **Presentation Workshop** in February, held at the Patio Building at the Fairgrounds. Choose either February 19, from 3:30pm - 5pm or February 26, from 3:30pm - 5pm. Complete the worksheet on Page 7 before coming to the workshop. Note: **MUST** reserve a space in the workshop in order to attend. The workshops will not be held if no 4-H members are planning on attending. Join 4-H Program Rep Serena Dennis for an afternoon learning how to give a presentation. Appropriate for first year 4-H members or continuing 4-H members who want to polish their presentation skills. 4-H Members will learn about different presentation types, pick a topic, create an outline, design poster boards, and practice giving their presentations.

Star Rank

In order to earn your star ranks, you are required to give 4 presentations for a Bronze Star, 7 presentations for a Silver Star and 10 for a Gold Star. **It is a requirement that the year you are applying for a star rank you must do a presentation at 4-H Field Day.** Find out more information on star ranks on page 3, visit <http://www.ca4h.org/Resources/Members/Stars/>, or talk to your community club leader.

Age Divisions

Mini-member: 1st, 2nd, and 3rd Grades

Junior: 4th and 5th Grades

Intermediate: 6th, 7th and 8th Grades

Senior: 9th through 12th Grades

New! Mini-members may participate in 4-H Field Day. Mini-members participation will not be judged. Each youth will receive a participation ribbon for giving a presentation. See Page 5 for details of presentations and age division time requirements.

Award System

The Danish System of judging will be used in judging all the presentations. Entries are placed based on merit by how well the entry performed the basic skills of public speaking. Each entry has an equal chance to receive each placing based on the quality of the entry. All entries receive a placing of either gold, silver, or bronze. Those receiving a gold are eligible to attend Sectional Field Day. All participants will receive a certificate and a pin for the 4-H Hat. See exception for mini-members, above.

General Rules

- Open to all 4-H youth members in Inyo or Mono County
- A member may participate in all activities in accordance with the rules of each contest. A participant may give multiple types of speeches, but not more than one speech in a category.
- Each member is responsible for providing personal equipment and props. Projectors and computers will be provided for Powerpoint presentations.

For More Information

To learn more about 4-H presentations, attend a Presentation workshop, ask questions at your community club meeting, or read the 4-H Presentation manual online at <http://www.ca4h.org/files/2193.pdf>.

What is a 4-H presentation?

A presentation is a method used to communicate an idea by showing and/or telling. It can be a demonstration or a talk that uses posters and other visual aids. A 4-H Presentation helps you to learn to:

- Research a subject
- Organize ideas in a logical order
- Be a teacher and practice public speaking skills

about 4-H Presentations

Demonstrations, Prepared Speeches, and Impromptu Speeches

Fill out an entry form on page 6 to give a Presentation at 4-H Field Day on March 10, 2013.

Demonstrations and Illustrated Talks

A **demonstration** teaches a skill by the “show how” method. The demonstration will include at least a title, materials, process, and summary posters or visual aids. An **illustrated talk** teaches a concept or skill that would be impractical to demonstrate in a classroom setting. Posters or equivalent visual aids should include at least an introduction/title card, information card, and a summary card. Models or other visual aids can be used.

A presentation may be given by an individual or a team. Team members should divide work and speaking parts equally. It is best if young members select presentation subjects with which they are familiar and have done before. More experienced members should choose topics showing more difficult skills. Presenters may not use notes. Posters should provide any necessary prompting. Questions about the specific presentation may be asked at the end of the presentation by only the Judges. See time limits below.

Prepared Speech

This format requires that the member write and deliver his/her own speech. The speaker will persuade, inform, or educate the audience on a single issue or topic. The purpose of this category is to encourage members to give a speech in which they seek out accurate information, organize it into a useful form, and competently present the information.

No props, costumes, or visual aids are allowed. Notes may be used by the member to assist with the delivery of the speech, but they should be inconspicuous and not detract from the speech. A prepared speech should have a clearly defined introduction, body and summation. The body contains the development of the main ideas of the prepared speech. The summation should not introduce new material, but should be used to reinforce the ideas developed in the body and cement the theme and main ideas in the minds of the audience. Judges may ask questions in this format. See time limits below.

Impromptu Speech

Impromptu speaking involves speeches that the member has written him/herself at the competition. The speaker will randomly draw a piece of paper with a question on it related to one of the citizenship topics below. The speaker is expected to have completed basic research on these topics. The speaker is allowed one 5” x 7” note card (single sided) to collect the results of the research on each topic. The member should incorporate an introduction, a body and a summation in the delivery of the speech. The body of the speech should be used for the development of the thesis or topic of the speech. There will be no questions during this category. The entire category involves the unrehearsed delivery of information and ideas. See time limits below. *Junior-level and mini-members are not eligible to participate in the Impromptu Category.*

Senior Topics - Citizenship

- Public visibility of 4-H thru Service Learning including Revolution of Responsibility
- Mandatory Community Service hours in high school
- How to encourage young adults (age 18—24) to engage in the democratic process.

Intermediate Topics - Citizenship

- Ways to encourage Service Learning in your community
- Difference between Service Learning and Community Service
- Lowering voting age to 16

Time Limits

Please review and follow the following time limits. For demonstrations, illustrated talks, and prepared speeches, a red card will be shown when the maximum time limit has been reached. For the Impromptu speeches, a 30 second warning orange card will be shown, then a red card when the maximum time limit has been reached.

Demonstration or Illustrated Talk: The presentation can range in length from three minutes for an individual primary presentation to 15 minutes for a senior individual or team presentation. The complexity of the topic, and the age of the participants should dictate the appropriate length.

Prepared Speech: A speech generally lasts from 2-5 minutes, but may extend up to 10 minutes based on age or experience. Time should only be considered when judging the effectiveness of the prepared speech. Speakers will not be timed during the speech.

Impromptu Speech: The maximum speaking time is five minutes. Any time used in excess of the five minute time limit should be considered a fault against the speaker’s performance, but is not grounds for disqualification.



Inyo & Mono Counties 4-H Field Day Entry Form

Due: Monday, March 4, 2013 to the 4-H Office

* 207 W. South Street, Bishop * fax: 760-873-7314 * email: sldennis@ucanr.edu *

4-H Member Information

Individual or Team (team = 2 members only)

Name Grade Age (as of January 1)

2nd Team Member Name Grade Age (as of January 1)

Club

This is my year giving a presentation at Field Day.

Presentation Category

1. Demonstration or Illustrated Talk

Title:

2. Prepared Speech (individual only)

Title:

3. Impromptu Speech (individual only in intermediate or senior age category)

Citizenship

See page 5 of RoadRunner for additional details on the impromptu speech topics and instructions.

Other Information

1. Will an animal be used in your presentation? Circle one: Yes or No

Note: only small animals in carriers will be allowed on school property. The presentation will be arranged to be moved outside for animal topics.

2. Do you have any special needs for the presentation? _____

3. Will you need a projector for Powerpoint? Circle one: Yes or No

4. Names of siblings also giving presentations: _____

Check all that apply. Please:

___ Schedule in same room

___ Schedule in different rooms

___ Schedule at different times



Demonstration Planning Worksheet

Presentation Workshops: February 19 and February 23, 3:30pm, Patio Building, Fairgrounds
RSVP: to Serena at the 4-H Office, 760-873-7854, sldennis@ucanr.edu

Bring this worksheet filled out with your idea to the Presentation Workshop. Decide on a topic, and fill out as much as you can of this form. You will get additional help at the meeting on how to give a presentation, practice speaking, and completing your poster boards.

Example of how to fill this sheet out:

Topic Idea: How to Give a Pig a Shot

Title/Attention Getter: Squeal Appeal

Your title should get the listeners attention right away

Body - Major Points:

1. Steps to giving an injection
 - Restraint
 - Give according to label
 - Use of needle
2. Where to give shot
3. Actually giving the shot
 - Put needle and syringe together
 - Draw medicine out
 - Inject into muscle
 - Depress plunger

Conclusion: Go over major ideas
Clever closing

Topic Idea _____

Title _____

Body—Major Points (at least 3—no more than 5)

Conclusion

4-H Fun Day

A big thank you to Mt. Tom 4-H Club, for hosting this year's 4-H Fun Day. Each year, a different club will host. Does your club want to host this year's holiday celebration? Tell your community club leader yes!

Thank you to the following individuals and businesses who made our 4-H Fun Day a success! Keogh's Hot Springs, Bishop Movie Theater, Regan Sports, Dwayne's Friendly Pharmacy, Raymond's Deli, Looney Bean, Subway, Mahogany Smoked Meats, Holy Smoke BBQ, BBQ Bills, Coca-Cola, Eastern Sierra Tri-County Fairgrounds, and Rebecca Bragdon!



4-H members race to build a tumble weed snowman as part of the scavenger hunt at the 2012 4-H Fun Day.

Greetings from your new County Director!

I thought it would be a good idea to briefly introduce myself, Dustin Blakey, as your new Inyo / Mono County Director. While I grew up in California in Lake County, I left the state after I graduated from UC Davis. After a few jobs and then graduate school, I ended up working for Cooperative Extension in Arkansas long enough to pick up a little accent. My main program area there was Horticulture, but I also had a 4-H appointment. In the past few years my 4-H role was largely administrative, but I've led competitive activities, plant-related events, record book trainings, and conducted a lot of school enrichment in the last 10 years.

I've learned already that while there are a lot of differences between our states' programs, there are even more similarities, just with different names attached. That's reassuring!

My wife, 2 children and I are very happy we've moved to Bishop and are looking forward to working with you in the future. Please feel free to contact me if you have anything you would like to share.

Dustin Blakey
Farm Advisor and County Director

Revolution of Responsibility

The CA 4-H Youth Development Program has started a campaign called the Revolution of Responsibility to create positive change in every community and increase visibility and awareness of 4-H. We encourage all clubs and groups to join the Revolution of Responsibility now and apply for \$1,000 to carry out a service learning project in your community. The next round of applications are due March 15. For more information visit: <http://www.ca4h.org/Support/RofR/m>.

Do you see a need in your community?

JOIN The Revolution of Responsibility! \$1,000 is available to 4-H Clubs and Groups

Ongoing Deadline of: January 15, March 15, May 15, July 15, and November 15

<http://ucanr.org/join/>

To JOIN the revolution, 4-H members, with the help of an adult 4-H volunteer mentor, should follow these steps to plan a project.

Identify an issue or problem in your community.

Find community organizations to collaborate with.

Plan the project: form goals, outline tasks, list needed resources, and prepare a budget

Prepare ways to document and record your project to share with others.

JOIN the revolution at <http://ucanr.org/join/>

A **toolkit** of tips, templates, links, and suggested guidelines has been developed to support your projects. From the initial work to identify a compelling community issue to the final celebration of its completion, use this toolkit to help you carry out the important steps necessary to ensure success. <http://www.ca4h.org/Support/RofR/Toolkit/>

JOIN | THE REVOLUTION OF RESPONSIBILITY 

4-H RoadRunner Newsletter

The RoadRunner sends you information on events, meetings, trainings, general interest and due dates. Specific club and project information can also be included.

We encourage clubs and individuals to submit articles and photos. **All information must be received in the 4-H office by the 3rd Thursday of the month for the next RoadRunner.** The best way to submit information is to email it to: sldennis@ucdavis.edu



<http://www.facebook.com/InyoMono4H>

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Eco-Bot Science Experiment



The 2012 4-H National Science Experiment was the Eco-Bot Challenge. Youth at Eco-Bot events in Inyo and Mono Counties built robots to clean up a simulated toxic spill. This experiment is now in the 4-H office, available to check out for club meetings or projects.

Sincerely,

**Serena Dennis,
4-H Program Representative**



Return Service Requested

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